



eARTh Project: Kitchen Edition

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|  | <h3>Engage</h3> |
| | <p style="text-align: center;">Waste to Art</p> <p>Ask yourself: Why do you think artists use waste to make art?</p> <ul style="list-style-type: none">● Read or watch the 3 minute video on artist Ma Li's story about the art she makes from waste.● Watch how waste becomes art in a museum. <p style="text-align: center;">Waste in the Kitchen</p> <p>Ask yourself: How much food and food packaging do my family and I waste?</p> <ul style="list-style-type: none">● Watch this 3 minute video on Food Waste, and how you can help! Video en Español.● Watch this 3 minute Roadmap to Reduce U.S. Food Waste by 20%. This video explains needed large scale changes. |
|  | <h3>Activity</h3> |
| | <p>Create a piece of art, character, or usable item using repurposed or reused food wrappers and packaging from your kitchen! Your goal is to get creative and bring a second life to materials that would have been thrown away in the kitchen.</p> <p>Gather materials and plan what you want to create! You can also use sticking/adhering materials and decoration items. Be careful with food items, sharp objects, and wash out materials you are using. Here are some ideas:</p> <ul style="list-style-type: none">● Cardboard from packaging● Plastic packaging● Plastic silverware● Plastic takeout clamshells● Aluminum cans |



- Plastic water bottles
- Paper towel rolls

If you are stuck on ideas, see [here](#) for some example projects.

Reflect



With a teammate (friends, family, etc.), ask...

- Are there any changes that you or your family could make to reduce the waste you make in the kitchen?
- Does this project make you think differently about what waste means?
- How can you give a second life to materials more often?

Zero Waste Goal



It is important to take action where we can and educate others to reach zero waste!

1. Create a zero waste goal to reduce the waste produced in your kitchen.
 - Example: I found a lot of food waste in my landfill bin. My zero waste goal is to make sure my family sorts the food waste into the compost bin instead.
2. Share your zero waste goal with one or more people. This can be your friends, family, neighbors, classmates, teachers, or others.

Submission



Take photos of your art piece, and write down your zero waste goal. Send both in an email to zerowastechallenge@seiinc.org

Everyone who submits will be entered to win a raffle prize!



**EARTH
CHALLENGE**

Due: April 16th, 2021

Find more eARTH Challenges [here](#). Completing more challenges gives you more chances to win!